

***Our Funders include:***

***The Law Foundation of NS  
Nova Scotia Dept. Of Justice  
Diocese of NS and PEI  
(Anglican)  
Mission Support (United  
Church)  
Halifax Youth Foundation  
St. David's Presbyterian  
Women's Inter Church Council  
Convention of Atlantic Baptist  
Churches  
Community Health Boards  
Flemming Foundation  
Sisters of Charity  
Atlantic Synod of the  
Presbyterian Church  
United Baptist Woman's  
Missionary Union***

***Coverdale is grateful for the dedication and commitment of our volunteers and Board Members. They strengthen our ability to meet our mission and mandate and strongly support our work in the community.***

**Our Vision:**

- A future in which all women are educated and empowered to make healthy choices in their lives; thereby significantly lowering the rates of harmful involvement, substance abuse, and incarceration.
- A future in which all women have the opportunity and ability to be employed in careers that are meaningful to themselves and their communities, feed their mind, bodies and spirits, and fully provide for the lives that they envision.
- A future in which all women are educated and empowered to identify abusive situations and take active steps to seek help and move themselves to healthier environments.
- A future in which all women receive the best health care possible, regardless of their economic status.
- A future in which all women have a strong voice and impact in our communities and the future of those communities.

**Coverdale Courtwork Society**

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***We are a not-for-profit organization  
We welcome your support***



***Opening Doors, Offering Hope***

***Providing a safe, nurturing and supportive environment where women can grow to become strong, empowered, and productive full citizens of our community.***

## ***Our Mission***

*To provide supports and services to women involved in, or "at risk" of becoming involved in the justice system.*

*We recognize, promote and encourage opportunities for healing and change with the goal of preventing future offences.*

### **Our Objectives:**

*\*To support women and youth experiencing the justice system*

*\*To assist women to navigate the court system*

*\*To become a liaison between women and the community supports available to them*

*\*To promote healthier environments through education, awareness, prevention and intervention*

## ***Our Services***

### **Coverdale provides:**

*\*Support for women navigating the court system, visiting the courts on daily basis*

*\*Visits to the Nova Scotia Central Correction Facility and Nova Institution for Women*

*\*One-on-one support*

*\* Personal Development Workshops*

*"We believe in the inherent worth of all persons and their right to be treated with dignity and respect.*

*We believe that all persons are capable of healing, change, and growth."*



## ***Our Programs***

### **Healing Trauma**

*This program is designed to help women begin healing from the effects of trauma, particularly violence or other abuse. One of the first steps to healing and growth is to acknowledge the traumatic experiences in our lives and the impact they have on us.*

### **Understanding Anger**

*This workshop was developed by Coverdale to provide women with an opportunity to recognize, challenge and confront issues associated with anger. Addressing issues and behaviors connected with anger specific to women has been identified as an immediate need by the women in our community.*

### **Voices Program**

*Our youth worker facilitates the Voices Program in Elementary and Junior High Schools in the HRM.*

*The Voices Program is respected by the schools and viewed as an important component in the lives of these young "at risk" girls, helping them find their voice.*